Class 1

Group Discussion Questions

With your group, discuss the questions above. Be prepared to share your thoughts with the full class after 20 minutes.

Question 1: List some of the ways in which marriage is protective for health.

Question 2: List some of the ways in which marriage is harmful to health.

Question 3: How does gender influence the health effects of marriage?

Question 4: In "Lovesick" and the webinar, what are some of the mechanisms or hypotheses that explain health concordance among married couples?

Question 5: How can physical health lead to changes in mental health?

Question 6: How can mental health lead to changes in physical health?